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## Lagen Cup 2024 Runde 5

### 15.12.2024

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### Fortsetzung Bewerb 53 - 400m Lagen Damen

#### Allg. Klasse

7. Nikolova, Ema	2011	AUT	The Mermaids Wien	06:10,11	+52.83	342
50m: 00:42,85, 100m: 01:34,34 (00:51,49), 150m: 02:21,87 (00:47,53), 200m: 03:07,04 (00:45,17)						
250m: 04:01,49 (00:54,45), 300m: 04:53,59 (00:52,10), 350m: 05:32,05 (00:38,46), 400m: 06:10,11 (00:38,06)						

#### AK 13 + AK 14

3. Nikolova, Ema	2011	AUT	The Mermaids Wien	06:10,11	+47.69	342
50m: 00:42,85, 100m: 01:34,34 (00:51,49), 150m: 02:21,87 (00:47,53), 200m: 03:07,04 (00:45,17)						
250m: 04:01,49 (00:54,45), 300m: 04:53,59 (00:52,10), 350m: 05:32,05 (00:38,46), 400m: 06:10,11 (00:38,06)						